MICRO-NEEDLING AFTERCARE

A lightweight surgical grade Micro-needling pen or roller is used on the skin creating miniscule contact points. With minimal downtime, it is a procedure that stimulates the skin to regenerate cell multiplication, which results in the formation of new tissue layers of elastin and collagen. The increase in collagen production creates younger looking skin which appears healthier, smoother and brighter

Skin conditions improved with Micro-needlingtreatments are; fine line, wrinkles, lax skin, dull skin, pitted acne scarring, ice pick scarring, stretch marks, uneven skin tone, pigmentation spots, cellulite and enlarged pores.

After Care Instructions

Immediately following the Micro-needling treatment your skin will appear slightly red and the treated area will experience a sensation similar to that of moderate sunburn; your skin may feel warm and tighter than usual. This will last for approximately 24 hours; although this sensation will begin to subside after 1-3 hours. In some cases the redness can last 48 hours.

Following treatment:

- Do not wash the area with abrasive cleansers; use a calming cleanser with tepid water to prevent irritation to the skin for 48 hours post treatment
- Pat the skin dry (ideally with a soft towel), do not rub the skin
- Ensure that you apply sunscreen (minimum SPF30, ideally SPF50) to the treated area
- Ensure that your hands are clean when touching the treated area.
- Avoid make up on the treated area for 48 hours following treatment; when using make use mineral makeup and clean sponge/brushes.
- Avoid swimming, exercise, steam room and sauna for 78 hours post treatment
- The skin in treated area can become dry and flaky, do not pick the skin
- Avoid Laser & IPL treatments, peels and other advance treatments for 3-4 weeks (advise your therapist of the date of your last treatment)
- **Do Not Use:** Beta Hydroxy Acid, Alpha Hydroxy Acids, Retinol (Vitamin A), Vitamin C or anything which comes under ‘Active Skincare’ for 2 weeks
- **Please note:** You will not see the real benefits of your Micro-needling treatment until 4-6 weeks following the treatment as it takes the skin this long to renew.
- For optimal results we recommend three or more treatments at 4-6 week intervals combined with a good home care routine; areas with scarring can require 4+ treatments
- Maintenance treatments can be once every 3-12 months